

Kinesiology Taping on low back pain

The project is intended for adult patients who meet the following requirements (inclusion criteria):

1. Presented with low back pain.
2. Provided written informed consent to participate in the study.

In addition, patients who meet the following conditions (exclusion criteria) will be excluded from the study:

1. Younger than 18.
2. Currently experiencing a neurovascular, vascular or musculoskeletal injury.
3. Currently pregnant.
4. Discopathy at a different level of the spine.
5. No pain.
6. Decreased mobility in the lumbosacral segment.
7. Other diseases within the spine.

Subjects included to the study will undergo a special physical therapy program. The participation is voluntary, free of charges, and patients can opt out of the project at any stage of its duration.

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